

Body Composition and Health Research Journal

Submission Guidelines

Body Composition and Health Research Journal is a peer-reviewed, open-access international journal dedicated to advancing the science and application of body composition in clinical and public health contexts. The journal welcomes submissions in the form of:

- Original Research Articles
- Systematic or Narrative Reviews
- Case Reports
- Short Communications
- Technical Reports
- Letters to the Editor
- Others

All manuscripts must be original and not under consideration elsewhere.

Publication Frequency

Two issues per year (**biannual**).

Aims and Scope

The Body Composition and Health Research Journal aims to:

- Disseminate high-quality research in body composition assessment, clinical application, and population health.
- Bridge scientific communities in healthcare, nutrition, exercise, physiology, and public health.
- Foster regional and international collaboration and discourse.

Topics include but are not limited to:

- Body composition methodology and validation
- Nutrition, obesity, and metabolic health
- Physical activity
- Growth and aging studies
- Clinical applications and public health interventions

Editorial and Ethical Responsibilities

The Editorial Board is responsible for maintaining integrity in peer review, editorial processes, and publication ethics. The views expressed in published articles are those of the authors and not necessarily those of the Editorial Board or MSBC.